



## Zulresso

### CareFirst Prior Authorization Request

CVS Caremark administers the prescription benefit plan for the patient identified. This patient's benefit plan requires prior authorization for certain medications in order for the drug to be covered. To make an appropriate determination, providing the most accurate diagnosis for the use of the prescribed medication is necessary. **Please respond below and fax this form to CVS Caremark toll-free at 1-855-330-1720.** If you have questions regarding the prior authorization, please contact CVS Caremark at **1-888-877-0518**. For inquiries or questions related to the patient's eligibility, drug copay or medication delivery; please contact the Specialty Customer Care Team: CaremarkConnect® 1-800-237-2767.

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Patient's Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Patient's ID: \_\_\_\_\_ Patient's Date of Birth: \_\_\_\_\_  
Physician's Name: \_\_\_\_\_  
Specialty: \_\_\_\_\_ NPI#: \_\_\_\_\_  
Physician Office Telephone: \_\_\_\_\_ Physician Office Fax: \_\_\_\_\_

**Referring Provider Info:** ☐ Same as Requesting Provider

Name: \_\_\_\_\_ NPI#: \_\_\_\_\_  
Fax: \_\_\_\_\_ Phone: \_\_\_\_\_

**Rendering Provider Info:** ☐ Same as Referring Provider ☐ Same as Requesting Provider

Name: \_\_\_\_\_ NPI#: \_\_\_\_\_  
Fax: \_\_\_\_\_ Phone: \_\_\_\_\_

*Approvals may be subject to dosing limits in accordance with FDA-approved labeling, accepted compendia, and/or evidence-based practice guidelines.*

**Required Demographic Information:**

Patient Weight: \_\_\_\_\_ kg

Patient Height: \_\_\_\_\_ cm

Please indicate the place of service for the requested drug:

☐ Ambulatory Surgical ☐ Home ☐ Off Campus Outpatient Hospital  
☐ On Campus Outpatient Hospital ☐ Office ☐ Pharmacy

What is the ICD-10 code? \_\_\_\_\_

**Criteria Questions:**

1. What is the diagnosis?

☐ Postpartum depression, *Continue to 2*

☐ Other, please specify. \_\_\_\_\_, *No further questions*

2. Does the patient have moderate to severe postpartum depression?

☐ Yes, *Continue to 3*

☐ No, *Continue to 3*

3. Will the requested medication be prescribed by or in consultation with a psychiatrist?

**Send completed form to: Case Review Unit CVS Caremark Specialty Programs Fax: 1-855-330-1720**

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CVS Caremark Specialty Pharmacy • 2211 Sanders Road NBT-6 • Northbrook, IL 60062  
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- ☐ Yes, *Continue to 4*  
☐ No, *Continue to 4*

4. Has the patient had a major depressive episode, documented by standardized rating scales that reliably measure depressive symptoms (e.g., Beck Depression Scale [BDI], Hamilton Depression Rating Scale [HDRS], Montgomery-Asberg Depression Rating Scale [MADRS], etc.)?

- ☐ Yes, *Continue to 5*  
☐ No, *Continue to 5*

5. Did the major depressive episode occur no earlier than the third trimester of pregnancy and no later than the first 4 weeks following delivery?

- ☐ Yes, *Continue to 6*  
☐ No, *Continue to 6*

6. Is the patient currently 6 months postpartum or less?

- ☐ Yes, *Continue to 7*  
☐ No, *Continue to 7*

7. Has the patient stopped lactating?

- ☐ Yes, *Continue to 9*  
☐ No, *Continue to 8*

8. Will the breastmilk produced during the infusion and up to 4 days after infusion completion NOT be used for feedings?

- ☐ Yes, *Continue to 9*  
☐ No, *Continue to 9*

9. Has the patient previously received treatment with the requested medication for the current pregnancy/childbirth?

- ☐ Yes, *Continue to 10*  
☐ No, *Continue to 10*

10. What is the patient's age (in years)?

\_\_\_\_\_ years old, *No further questions*

***I attest that this information is accurate and true, and that documentation supporting this information is available for review if requested by CVS Caremark or the benefit plan sponsor.***

**X**\_\_\_\_\_

**Prescriber or Authorized Signature**

**Date (mm/dd/yy)**

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