

# PRIOR AUTHORIZATION CRITERIA

**BRAND NAME**  
(generic)

**PULMICORT RESPULES 0.5 MG AND 1 MG ONLY**  
(budesonide)

**Status: CVS Caremark® Criteria**

**Type: Post Limit Prior Authorization**

## POLICY

### FDA-APPROVED INDICATIONS

Pulmicort Respules is indicated for the maintenance treatment of asthma and as prophylactic therapy in children 12 months to 8 years of age.

### Limitations of Use:

Pulmicort Respules is NOT indicated for the relief of acute bronchospasm.

### Compendial Uses

Eosinophilic esophagitis (EoE)<sup>3-5</sup>

### COVERAGE CRITERIA

The requested drug will be covered with prior authorization when the following criteria are met:

- The patient has the diagnosis of eosinophilic esophagitis (EoE)

#### **AND**

- The request is NOT for continuation of therapy

#### **AND**

- The prescriber attests that the patient has chart notes supporting the diagnostic findings of eosinophilic esophagitis (EoE) (e.g., eosinophil-predominant inflammation on biopsy)

#### **AND**

- The patient has a history of clinical symptoms of esophageal dysfunction (e.g., eating problems, abdominal pain, heartburn, dysphagia, vomiting, food impaction, weight loss) at baseline

#### **OR**

- The request is for continuation of therapy

#### **AND**

- The patient has achieved or maintained a positive clinical response (e.g., improvement in symptoms of esophageal dysfunction, histologic remission on biopsy)

Quantity Limits apply.

### POST LIMIT QUANTITY

Medication	Maximum Daily Dose	Package Size	1 Month Limit* 3 Month Limit*
Pulmicort Respules 0.5 mg (budesonide)	4 respules (2 mg)	30 respules (2 mL each) per carton	4 packages (120 respules x 2 mL) / 25 days 12 packages (360 respules x 2 mL) / 75 days
Pulmicort Respules 1 mg	2 respules (2 mg)	30 respules (2 mL each)	2 packages (60 respules x 2 mL) / 25 days 6 packages (180 respules x 2 mL) / 75 days

Corticosteroid Pulmicort Respules Post Limit PA Policy 2495-J UDR 10-2023 v2.docx

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(budesonide)		per carton	
*The duration of 25 days is used for a 30-day fill period and 75 days is used for a 90-day fill period to allow time for refill processing.			

Duration of Approval (DOA):

- 2495-J: Initial therapy DOA: 6 months; Continuation of therapy DOA: 12 months

## REFERENCES

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4. Dellon E, Gonsalves N, Hirano I, et al. ACG Clinical Guideline: Evidenced Based Approach to the Diagnosis and Management of Esophageal Eosinophilia and Eosinophilic Esophagitis (EoE). *Am J Gastroenterol*. 2013;108:679–692.
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7. Dohil R, Newbury R, Fox L, et al. Oral Viscous Budesonide Is Effective in Children With Eosinophilic Esophagitis in a Randomized, Placebo-Controlled Trial. *Gastroenterology*. 2010;139:418-429.
8. Warzecha J, Dziekiewicz M, Bieńkowska-Tokarczyk A, et al. A New Viscous Budesonide Formulation for the Treatment of Eosinophilic Esophagitis in Children: A Preliminary Experience and Review of the Literature. *J Clin Med*. 2022;11(22):6730.