



OREXIN ANTAGONISTS

BELSOMRA (suvorexant), DAYVIGO (lemborexant), QUVIVIQ* (daridorexant)

*Prior authorization for the brand formulation applies only to formulary exceptions due to being a non-covered medication

Pre - PA Allowance

Age 18 years of age and older
Quantity One 30 day supply per 365 days

Medication/Strength	Quantity Limit per 30 days
Belsomra 5mg	30
Belsomra 10mg	30
Belsomra 15mg	30
Belsomra 20mg	30
Dayvigo 5mg	30
Dayvigo 10mg	30

Prior-Approval Requirements

Age 18 years of age and older

Diagnosis

Patient must have the following:

1. Insomnia - a persistent disorder of initiating or maintaining sleep

AND ALL of the following:

- a. Prescriber agrees to discontinue medication if patient experiences a complex sleep behavior (e.g., sleepwalking, sleep-driving, etc.)
- b. **NO** narcolepsy
- c. **NO** concurrent therapy with another Prior Authorization (PA) sleep aid (see Appendix 1) or with an oxybate product (see Appendix 2)

Prior - Approval Limits

Quantity

Medication/Strength	Quantity Limit
Belsomra 5mg	90 tablets per 90 days OR
Belsomra 10mg	
Belsomra 15mg	
Belsomra 20mg	



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Dayvigo 5mg	90 tablets per 90 days OR
Dayvigo 10mg	

Medication/Strength <u>with</u> <u>Approved Formulary</u> <u>Exception Only</u>	Quantity Limit
Quviviq 25mg	90 tablets per 90 days
Quviviq 50mg	

Duration 12 months

Prior – Approval *Renewal* Requirements

Same as above

Prior - Approval *Renewal* Limits

Same as above

Appendix 1 - List of Prior Authorization (PA) Sleep Aids

Generic Name	Brand Name
daridorexant	Quviviq
estazolam	Prosom
eszopiclone	Lunesta
flurazepam	Dalmane
lemborexant	Dayvigo
quazepam	Doral
ramelteon	Rozerem
tasimelteon	Hetlioz
suvorexant	Belsomra
temazepam	Restoril
triazolam	Halcion
zaleplon	Sonata
zolpidem	Ambien
zolpidem extended-release	Ambien CR
zolpidem oral spray	Zolpimist
zolpidem sublingual	Edluar



**BlueCross
BlueShield**

Federal Employee Program.

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zolpidem sublingual	Intermezzo
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Appendix 2 - List of Oxybate Products

Generic Name	Brand Name
sodium oxybate	Lumryz
sodium oxybate	Xyrem
calcium, magnesium, potassium, sodium oxybates	Xywav