



Pre - PA Allowance

None

Prior-Approval Requirements

Age 18 years of age or older

Diagnoses

Patient must have **ONE** of the following:

Movantik and Symproic

1. Opioid-induced constipation (OIC) with chronic non-cancer pain
2. Opioid-induced constipation (OIC) with chronic pain related to prior cancer or its treatment and does **NOT** require frequent opioid dosage increases

Relistor (tablets and injectable)

1. Opioid-induced constipation (OIC) with chronic non-cancer pain
2. Opioid-induced constipation (OIC) with chronic pain related to prior cancer or its treatment and does **NOT** require frequent opioid dosage increases

Relistor Injectable only

1. Opioid-induced constipation (OIC) in adult patients with advanced illness or pain caused by active cancer who require opioid dosage escalation for palliative care

AND ALL of the following:

- a. Inadequate response to laxative therapy
- b. Absence of gastrointestinal obstruction
- c. Absence of severe hepatic impairment (Child-Pugh Class C)
- d. **NO** dual therapy with other legend constipation medications (see Appendix 1)

Prior - Approval Limits

Duration 12 months



Prior – Approval *Renewal* Requirements

Age 18 years of age or older

Diagnoses

Patient must have **ONE** of the following:

Movantik and Symproic

1. Opioid-induced constipation (OIC) with chronic non-cancer pain
2. Opioid-induced constipation (OIC) with chronic pain related to prior cancer or its treatment and does **NOT** require frequent opioid dosage increases

Relistor (tablets and injectable)

1. Opioid-induced constipation (OIC) with chronic non-cancer pain
2. Opioid-induced constipation (OIC) with chronic pain related to prior cancer or its treatment and does **NOT** require frequent opioid dosage increases

Relistor Injectable only

1. Opioid-induced constipation (OIC) in adult patients with advanced illness or pain caused by active cancer who require opioid dosage escalation for palliative care

AND ALL of the following:

- a. Absence of gastrointestinal obstruction
- b. Absence of severe hepatic impairment (Child-Pugh Class C)
- c. **NO** dual therapy with other legend constipation medications (see Appendix 1)

Prior - Approval *Renewal* Limits

Same as above



**BlueCross
BlueShield**

Federal Employee Program.

OPIOID ANTAGONIST DRUG CLASS
Movantik (naloxegol) / Relistor (methylnaltrexone bromide) /
Symproic (naldemedine)

Appendix 1 - List of Legend Constipation Medications

Generic Name	Brand Name
linaclotide	Linzess
lubiprostone	Amitiza
methylnaltrexone	Relistor
naldemedine	Symproic
naloxegol	Movantik
plecanatide	Trulance
prucalopride	Motegrity
tegaserod	Zelnorm
tenapanor	Ibsrela