BlueCross BlueShield
Federal Employee Program.

XYREM
(sodium oxybate)

Pre - PA Allowance

None

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Prior-Approval Requirements

Age   7 years of age or older

Diagnoses

Patient must have **ONE** of the following:
1. Cataplexy in narcolepsy
2. Excessive daytime sleepiness (EDS) in narcolepsy

AND ALL of the following:
1. Patient and prescriber are both enrolled in the Xyrem REMS Program
2. Prescriber will monitor for signs of misuse, abuse, and addiction during therapy

AND NONE of the following:
1. Succinic semialdehyde dehydrogenase deficiency
2. Concurrent therapy with a Prior Authorization (PA) sleep aid (see Appendix 1) or with another oxybate product (see Appendix 2)

Prior - Approval Limits

Quantity   810 grams (1620 ml) per 90 days
Duration   6 months

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Prior – Approval *Renewal* Requirements

Age   7 years of age or older

Diagnoses

Patient must have **ONE** of the following:
1. Cataplexy in narcolepsy
2. Excessive daytime sleepiness (EDS) in narcolepsy

AND ALL of the following:
1. Prescriber will continue to monitor for signs of misuse, abuse, and addiction during therapy
2. **NO** concurrent therapy with another Prior Authorization (PA) sleep aid (see Appendix 1) or with another oxybate product (see Appendix 2)

Prior - Approval *Renewal* Limits

Quantity   810 grams (1620 ml) per 90 days
Duration   12 months

Appendix 1 - List of Prior Authorization (PA) Sleep Aids

Generic Name	Brand Name
daridorexant	Quviviq
estazolam	Prosom
eszopiclone	Lunesta
flurazepam	Dalmane
lemborexant	Dayvigo
quazepam	Doral
ramelteon	Rozerem
tasimelteon	Hetlioz
suvorexant	Belsomra
temazepam	Restoril
triazolam	Halcion
zaleplon	Sonata
zolpidem	Ambien
zolpidem extended-release	Ambien CR
zolpidem oral spray	Zolpimist
zolpidem sublingual	Edluar
zolpidem sublingual	Intermezzo

Appendix 2 - List of Oxybate Products

Generic Name	Brand Name
sodium oxybate	Lumryz
sodium oxybate	Xyrem
calcium, magnesium, potassium, sodium oxybates	Xywav