

XYWAV ORAL SOLUTION
(calcium, magnesium, potassium, and sodium oxybates)

Pre - PA Allowance

None

Prior-Approval Requirements

Diagnoses

Patient must have **ONE** of the following:

1. Cataplexy in narcolepsy
 - a. 7 years of age or older
2. Excessive daytime sleepiness (EDS) in narcolepsy
 - a. 7 years of age or older
3. Idiopathic hypersomnia
 - a. 18 years of age or older

AND ALL of the following:

1. Patient and prescriber are both enrolled in the Xywav REMS Program
2. Prescriber will monitor for signs of misuse, abuse, and addiction during therapy

AND NONE of the following:

1. Succinic semialdehyde dehydrogenase deficiency
2. Concurrent therapy with a Prior Authorization (PA) sleep aid (see Appendix 1) or with another oxybate product (see Appendix 2)

Prior - Approval Limits

Quantity 810 grams (1620 ml) per 90 days

Duration 6 months

Prior – Approval *Renewal* Requirements

Diagnoses

Patient must have **ONE** of the following:

1. Cataplexy in narcolepsy
 - a. 7 years of age or older
2. Excessive daytime sleepiness (EDS) in narcolepsy
 - a. 7 years of age or older
3. Idiopathic hypersomnia
 - a. 18 years of age or older

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AND ALL of the following:

1. Prescriber will continue to monitor for signs of misuse, abuse, and addiction during therapy
2. **NO** concurrent therapy with another Prior Authorization (PA) sleep aid (see Appendix 1) or with another oxybate product (see Appendix 2)

Prior - Approval *Renewal* Limits

Quantity 810 grams (1620 ml) per 90 days

Duration 12 months

Appendix 1 - List of Prior Authorization (PA) Sleep Aids

Generic Name	Brand Name
daridorexant	Quviviq
estazolam	Prosom
eszopiclone	Lunesta
flurazepam	Dalmane
lemborexant	Dayvigo
ramelteon	Rozerem
tasimelteon	Hetlioz
suvorexant	Belsomra
temazepam	Restoril
triazolam	Halcion
zaleplon	Sonata
zolpidem	Ambien
zolpidem extended-release	Ambien CR
zolpidem oral spray	Zolpimist
zolpidem sublingual	Edluar
zolpidem sublingual	Intermezzo

Appendix 2 - List of Oxybate Products

Generic Name	Brand Name
sodium oxybate	Xyrem
calcium, magnesium, potassium, sodium	Xywav



**BlueCross
BlueShield**

Federal Employee Program.

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oxybates	
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