



**BlueCross  
BlueShield**

Federal Employee Program.

**XYWAV ORAL SOLUTION**  
**(calcium, magnesium, potassium, and sodium oxybates)**

## **Pre - PA Allowance**

None

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## **Prior-Approval Requirements**

### **Diagnoses**

Patient must have **ONE** of the following:

1. Cataplexy in narcolepsy
  - a. 7 years of age or older
2. Excessive daytime sleepiness (EDS) in narcolepsy
  - a. 7 years of age or older
3. Idiopathic hypersomnia
  - a. 18 years of age or older

**AND ALL** of the following:

1. Patient and prescriber are both enrolled in the Xywav REMS Program
2. Prescriber will monitor for signs of misuse, abuse, and addiction during therapy

**AND NONE** of the following:

1. Succinic semialdehyde dehydrogenase deficiency
2. Concurrent therapy with a Prior Authorization (PA) sleep aid (see Appendix 1) or with another oxybate product (see Appendix 2)

## **Prior - Approval Limits**

**Quantity** 810 grams (1620 ml) per 90 days

**Duration** 6 months

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## **Prior – Approval *Renewal* Requirements**

### **Diagnoses**

Patient must have **ONE** of the following:

1. Cataplexy in narcolepsy
  - a. 7 years of age or older
2. Excessive daytime sleepiness (EDS) in narcolepsy
  - a. 7 years of age or older
3. Idiopathic hypersomnia
  - a. 18 years of age or older

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**AND ALL** of the following:

1. Prescriber will continue to monitor for signs of misuse, abuse, and addiction during therapy
2. **NO** concurrent therapy with another Prior Authorization (PA) sleep aid (see Appendix 1) or with another oxybate product (see Appendix 2)

### **Prior - Approval *Renewal* Limits**

**Quantity** 810 grams (1620 ml) per 90 days

**Duration** 12 months

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#### **Appendix 1 - List of Prior Authorization (PA) Sleep Aids**

<b>Generic Name</b>	<b>Brand Name</b>
daridorexant	Quviviq
estazolam	Prosom
eszopiclone	Lunesta
flurazepam	Dalmane
lemborexant	Dayvigo
ramelteon	Rozerem
tasimelteon	Hetlioz
suvorexant	Belsomra
temazepam	Restoril
triazolam	Halcion
zaleplon	Sonata
zolpidem	Ambien
zolpidem extended-release	Ambien CR
zolpidem oral spray	Zolpimist
zolpidem sublingual	Edluar
zolpidem sublingual	Intermezzo

#### **Appendix 2 - List of Oxybate Products**

<b>Generic Name</b>	<b>Brand Name</b>
sodium oxybate	Xyrem
calcium, magnesium, potassium, sodium	Xywav



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oxybates	
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