



**BlueCross  
BlueShield**

Federal Employee Program

**IBSRELA  
PRIOR APPROVAL REQUEST**

Send completed form to:  
Service Benefit Plan  
Prior Approval  
P.O. Box 52080 MC 139  
Phoenix, AZ 85072-2080  
Attn: Clinical Services  
Fax: 1-877-378-4727

Additional information is required to process your claim for prescription drugs. Please complete the patient portion, and have the prescribing physician complete the physician portion and submit this completed form.

Patient Information (required)				Provider Information (required)		
Date:				Provider Name:		
Patient Name:				Specialty:		NPI:
Date of Birth:	Sex: <input type="checkbox"/> Male <input type="checkbox"/> Female			Office Phone:		Office Fax:
Street Address:				Office Street Address:		
City:	State:	Zip:		City:	State:	Zip:
Patient ID:	R			Physician Signature:		
<b>PHYSICIAN COMPLETES</b>						

**For Standard and Basic Option patients Linzess is a preferred product. Please consider prescribing the preferred product. Standard/Basic Option patients who switch to the preferred product will be eligible for 2 copays at no cost in the benefit year.**

**Ibsrela (tenapanor)**

**\*\*Check [www.fepblue.org/formulary](http://www.fepblue.org/formulary) to confirm which medication is part of the patient's benefit**

**NOTE: Form must be completed in its entirety for processing**

Is this request for brand or generic? ☐ Brand ☐ Generic

1. Will the patient need more than 180 tablets every 90 days? ☐ Yes\* ☐ No

**\*If YES**, please specify the requested quantity: \_\_\_\_\_ tablets per 90 days

2. **Standard/Basic Option Patient:** Would you like to switch the patient to the preferred product, Linzess? ☐ Yes ☐ No\*

**\*If NO**, does the patient have an intolerance or contraindication to Linzess? **Please select answer below:**

☐ Yes (specify result): \_\_\_\_\_

☐ No: Is there a clinical reason for not trying Linzess? ☐ Yes\* ☐ No

**\*If YES**, please specify: \_\_\_\_\_

3. **Standard/Basic Option Patient:** Has the patient completed an adequate three month trial of Linzess? ☐ Yes ☐ No

4. Does the patient have a diagnosis of irritable bowel syndrome with constipation (IBS-C)? ☐ Yes ☐ No

5. Does the patient have a gastrointestinal obstruction? ☐ Yes ☐ No

6. Will the patient be using Ibsrela with other \*legend constipation medications? ☐ Yes\* ☐ No

**\*If YES**, please specify the medication(s): \_\_\_\_\_

**\*Legend Constipation Medications: Amitiza (lubiprostone), Linzess (linaclotide), Motegrity (prucalopride), Movantik (naloxegol), Relistor (methylnaltrexone), Symproic (naldemedine), Trulance (plecanatide)**

7. Has the patient been on Ibsrela continuously for the last **6 months**, excluding samples? **Please select answer below:**

☐ **NO** – this is **INITIATION** of therapy, please answer the following questions:

- Has the patient had an inadequate response to bulk forming laxative therapy such as psyllium (Metamucil)? ☐ Yes ☐ No
- Has the patient had an inadequate response to stimulant laxative therapy such as senna (Senokot)? ☐ Yes ☐ No
- Has the patient had an inadequate response to osmotic laxative therapy such as polyethylene glycol 3350 (Miralax)? ☐ Yes ☐ No

☐ **YES** – this is a PA renewal for **CONTINUATION** of therapy, please answer the following question:

- Has the patient had an improvement in constipation symptoms? ☐ Yes ☐ No



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Message:

Attached is a Prior Authorization request form.

For your convenience, there are 3 ways to complete a Prior Authorization request:

<b>Electronically Online</b> (ePA) <b>Results in 2-3 minutes</b> <b>FASTEST AND EASIEST</b>	Now you can get responses to drug Prior Authorization requests <b>securely</b> online. <b>Online</b> submissions may receive <b>instant</b> responses and do not require faxing or phone calls. Requests can be made 24 hours a day, 7 days a week. For more information on electronic prior authorization (ePA) and to register, go to <b>Caremark.com/ePA.</b>
<b>Phone</b> (4-5 minutes for response)	The FEP Clinical Call Center can be reached at <b>(877)-727-3784</b> between the hours of 7AM-9PM Eastern Time. A live representative will assist with the Prior Authorization, asking for the same information contained on the attached form. Please review the form and have your answers ready for faster service. The process over the phone takes on average between 4 and 5 minutes.
<b>Fax</b> (3-5 days for response)	Fax the attached form to <b>(877)-378-4727</b> . Requests sent via fax will be processed and responded to within 5 business days. The form must be filled out completely, if there is any missing information the Prior Authorization request cannot be processed. <b><u>Please only fax the completed form once as duplicate submissions may delay processing times.</u></b>

**faster...  
easier...  
better...**

Introducing ePA! Online Prior Authorizations in minutes through **Caremark.com/ePA**. Sign up today!

**CVS/caremark** 