



BlueCross BlueShield

TESTOSTERONE (BUCCAL/NASAL/ORAL)

Federal Employee Program. PRIOR APPROVAL REQUEST

Send completed form to: Service Benefit Plan Prior Approval P.O. Box 52080 MC 139 Phoenix, AZ 85072-2080 Attn: Clinical Services Fax: 1-877-378-4727

Additional information is required to process your claim for prescription drugs. Please complete the patient portion, and have the prescribing physician complete the physician portion and submit this completed form.

Form with Patient Information and Provider Information sections, including fields for Date, Patient Name, Date of Birth, Sex, Street Address, City, State, Zip, Physician Signature, etc.

Testosterone (Buccal/Nasal/Oral)

NOTE: Form must be completed in its entirety for processing

Please select the product being requested:

- Checkboxes for Jatenzo 158mg capsule, Jatenzo 198mg capsule, Jatenzo 237mg capsule, Kyzatrex capsule, Methitest tablet, Methyltestosterone capsule, Natesto nasal gel, Striant buccal system, Tlando.

\*\*Check www.fepblue.org/formulary to confirm which medication is part of the patient's benefit \*\*\*Non-covered branded medications must go through prior authorization and the formulary exception process

Is this request for brand or generic? Brand Generic

- 1. How many (bottles/capsules/tablets) will the patient need for a 90 day supply? every 90 days
2. Will this medication be used in combination with any other form of testosterone? Yes\* No
3. Is the patient being treated for gender dysphoria (GD), gender identity disorder (GID), sex transformation, or sex change? Answer below:
YES: Is the patient undergoing a female to male transition? Yes No
NO: Please answer the following questions:
a. Is the patient assigned female or male at birth? Female OR Male
b. What is the patient's diagnosis?
Delay in sexual development and/or puberty
i. Will the patient's bone age of the hand and wrist be assessed every 6 months as determined by radiographic evidence? Yes No
ii. Will the patient's liver functions tests be monitored every 6 months? Yes No
iii. Will the patient's hematocrit levels be monitored every 6 months? Yes No
iv. Has the patient been on testosterone therapy in any dosage form (injection, topical, oral, etc.) continuously for the last 4 months excluding samples? Yes No
Inoperable metastatic breast cancer OR Inoperable metastatic mammary cancer
i. Has the patient received at least one prior therapy for treatment of this condition? Yes No
ii. Will the patient be monitored for hypercalcemia every 6 months and be advised to discontinue testosterone if found to be present? Yes No
iii. Will the patient's liver functions tests be monitored every 6 months? Yes No
iv. Will the patient's hematocrit levels be monitored every 6 months? Yes No
v. Has the patient been on testosterone therapy in any dosage form (injection, topical, oral, etc.) continuously for the last 4 months excluding samples? Yes No

PLEASE PROCEED TO PAGE 2 FOR ADDITIONAL DIAGNOSES



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PAGE 2 - PHYSICIAN COMPLETES

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Patient ID: R \_\_\_\_\_

- Deficiency of testosterone **OR**  Hypogonadism **OR**  Low testosterone (Low T) **OR**
- Testicular hypofunction **OR**  Androgen deficiency

i. Has the patient been on testosterone therapy in any dosage form (injection, topical, oral, etc.) continuously for the last 4 months excluding samples? *Please select answer below:*

**NO** – this is **INITIATION** of therapy, please answer the following questions:

- 1) Has the patient had two morning total testosterone levels less than 300 ng/dL on different days?  Yes  No
- 2) What is the patient’s hematocrit? \_\_\_\_\_ %  Hematocrit was not tested
- 3) Does the patient have a current diagnosis of prostate cancer?  Yes  No
- 4) Does the patient have palpable prostate nodules?  Yes  No
- 5) Has the patient had a prostatectomy?  Yes  No\*  
\*If **NO**, what is the patient’s baseline prostate specific antigen (PSA)? \_\_\_\_\_ ng/ml  Not tested
- 6) Does the patient have a concurrent diagnosis of benign prostate hyperplasia (BPH)?  Yes\*  No  
\*If **YES**, will the patient be monitored for worsening symptoms of BPH?  Yes  No
- 7) Does the patient have a diagnosis of sleep apnea?  Yes\*  No  
\*If **YES**, is the patient being treated for their sleep apnea?  Yes  No
- 9) Has the prescriber assessed the patient for their cardiovascular risk for myocardial infarction (MI), angina, or stroke?  Yes  No
- 10) **Natesto Request:** Does the patient have any chronic nasal conditions or alterations in nasal anatomy?  Yes  No

**YES** – this is a PA renewal for **CONTINUATION** of therapy, please answer the following questions:

- 1) Does the patient have a total testosterone level 800 ng/dL or less?  Yes  No
- 2) Has the patient had a prostatectomy?  Yes  No
- 3) Does the patient have a concurrent diagnosis of benign prostate hyperplasia (BPH)?  Yes\*  No  
\*If **YES**, have the symptoms associated with BPH worsened since beginning testosterone therapy?  Yes  No
- 4) Will the patient’s prostate specific antigen (PSA) level be tested every 12 months?  Yes  No
- 5) Will the patient’s serum testosterone concentrations be monitored every 12 months?  Yes  No
- 6) Will the patient’s hematocrit levels be monitored every 12 months?  Yes  No
- 7) Has the prescriber re-assessed the patient for their cardiovascular risk for myocardial infarction (MI), angina, or stroke?  Yes  No

Other (*please specify*): \_\_\_\_\_