



Federal Employee Program.

GROWTH HORMONE PRIOR APPROVAL REQUEST

Send completed form to: Service Benefit Plan Prior Approval P.O. Box 52080 MC 139 Phoenix, AZ 85072-2080 Attn. Clinical Services Fax: 1-877-378-4727

Additional information is required to process your claim for prescription drugs. Please complete the patient portion, and have the prescribing physician complete the physician portion and submit this completed form.

Form with Patient Information and Provider Information sections, including fields for Date, Patient Name, Date of Birth, Sex, Street Address, City, State, Zip, Patient ID, Provider Name, Specialty, NPI, Office Phone, Office Fax, Office Street Address, City, State, Zip, and Physician Signature.

PHYSICIAN COMPLETES

For Standard and Basic Option patients Norditropin is a preferred product. Please consider prescribing the preferred product. Patients who switch to the preferred product can receive up to 2 fills without a copay for the benefit year.

Skytrofa

\*\*Check www.fepblue.org/formulary to confirm which medication is part of the patient's benefit

NOTE: Form must be completed in its entirety for processing

Is this request for brand or generic? Brand Generic

1. Is this INITIATION of therapy for the patient? Please select answer below:

- NO - this is a PA renewal for CONTINUATION of therapy, please answer the questions on PAGE 3
YES - this is INITIATION of therapy, please answer the questions below:

2. Standard/Basic Option Patient: Would you like to participate in this program and switch the patient to Norditropin? Yes No\*

\*If NO, please answer the following questions:

a. Does the patient have an intolerance or contraindication or have they had an inadequate treatment response to Norditropin? Yes No\*

\*If NO, is there a clinical reason for not trying Norditropin? Yes\* No

\*If YES, please specify:

b. Does the patient require a reduction of treatment burden with fewer injections? Yes No

3. Does the patient have radiographic evidence within the last 12 months of open epiphyses? Yes\* No

\*If YES, what is the patient's weight? kg OR lbs

4. Does the patient have evidence of tumor activity or active neoplasm? Yes No

5. Is this medication being used for cosmetic, anti-aging, or athletic performance enhancement? Yes No

6. Will this medication be used in combination with another somatotropin agent such as Serostim, Zorbitive, or any other growth hormone? Yes\* No

\*If YES, please specify the medication:

7. Will this medication be used in combination with Voxzogo (vosoritide)? Yes No

8. What is the patient's diagnosis?

- Burn wounds (used for promotion of wound healing in burn patients)
Panhypopituitarism

a. Does the patient have documentation of an IGF-1 level below the age and sex appropriate reference range? Yes No

PLEASE PROCEED TO PAGE 2 FOR ADDITIONAL DIAGNOSES



Federal Employee Program.

# GROWTH HORMONE PRIOR APPROVAL REQUEST

Send completed form to:  
Service Benefit Plan  
Prior Approval  
P.O. Box 52080 MC 139  
Phoenix, AZ 85072-2080  
Attn. Clinical Services  
Fax: 1-877-378-4727

Additional information is required to process your claim for prescription drugs. Please complete the patient portion, and have the prescribing physician complete the physician portion and submit this completed form.

## PAGE 2 – PHYSICIAN COMPLETES

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Patient ID: R \_\_\_\_\_

Growth hormone deficiency (inadequate secretion of endogenous growth hormone)

a. What is the cause of the patient's growth hormone deficiency? *Please select the cause below:*

- Hypothalamic disease       Idiopathic childhood-onset       Radiation therapy       Trauma
- Idiopathic adult-onset       Pituitary disease       Surgery
- Other cause (*please specify*): \_\_\_\_\_

b. Does the patient have a documented result from one of the following growth hormone stimulation tests: insulin tolerance test, glucagon, arginine/L-dopa, or arginine?  Yes\* (*\*If YES, select test below and provide result*)     No

- Arginine      test result: \_\_\_\_\_ ng/ml       Glucagon      test result: \_\_\_\_\_ ng/ml
- Arginine/L-Dopa      test result: \_\_\_\_\_ ng/ml       Insulin tolerance      test result: \_\_\_\_\_ ng/ml
- Other test (*specify test and result*): \_\_\_\_\_

c. Does the patient have panhypopituitarism which is defined as having a deficiency of 3 or more pituitary hormones such as Gonadotropin (LH and/or FSH), Adrenocorticotrophic hormone (ACTH), Thyroid-stimulating hormone (TSH), and Arginine vasopressin (AVP)?  Yes\*     No

*\*If YES*, does the patient have documentation of an IGF-1 level below the age and sex appropriate reference range?  Yes     No

d. Is the growth hormone stim test level less than 10?  Yes     No\*     This test has not been done\*

*\*If NO OR Test Has Not Been Done*, please answer the following questions:

- i. Is the IGF-1 level subnormal for the patient's age?  Yes     No     This test has not been done
- ii. Is the IGFBP-3 level subnormal for the patient's age?  Yes     No     This test has not been done

e. Is the patient's height below the 3<sup>rd</sup> percentile for age?  Yes     No\*

*\*If NO*, is the growth hormone deficiency due to CNS lesions?  Yes     No

Other (*please specify*): \_\_\_\_\_

The information provided on this form will be used to determine the provision of healthcare benefits under a U.S. federal government program, and any falsification of records may subject the provider to prosecution, either civilly or criminally, under the False Claim Acts, the False Statements Act, the mail or wire fraud statutes, or other federal or state laws prohibiting such falsification. **Prescriber Certification:** I certify all information provided on this form to be true and correct to the best of my knowledge and belief. I understand that the insurer may request a medical record if the information provided herein is not sufficient to make a benefit determination or requires clarification and I agree to provide any such information to the insurer.  
Growth Hormone – FEP MD Fax Form Revised 9/5/2025



Federal Employee Program.

GROWTH HORMONE PRIOR APPROVAL REQUEST

Send completed form to: Service Benefit Plan Prior Approval P.O. Box 52080 MC 139 Phoenix, AZ 85072-2080 Attn. Clinical Services Fax: 1-877-378-4727

Additional information is required to process your claim for prescription drugs. Please complete the patient portion, and have the prescribing physician complete the physician portion and submit this completed form.

Patient Information (required) and Provider Information (required) form with fields for Date, Patient Name, Date of Birth, Sex, Street Address, City, State, Zip, Patient ID, Provider Name, Specialty, NPI, Office Phone, Office Fax, Office Street Address, City, State, Zip, and Physician Signature.

PHYSICIAN COMPLETES For Standard and Basic Option patients Norditropin is a preferred product. Please consider prescribing the preferred product. Patients who switch to the preferred product can receive up to 2 fills without a copay for the benefit year.

Skytrofa

\*\*Check www.fepblue.org/formulary to confirm which medication is part of the patient's benefit

NOTE: Form must be completed in its entirety for processing

Is this request for brand or generic? Brand Generic

1. Is this INITIATION of therapy for the patient? Please select answer below:

YES - this is INITIATION of therapy, please answer the questions on PAGE 1

NO - this is a PA renewal for CONTINUATION of therapy, please answer the questions below:

2. Standard/Basic Option Patient: Would you like to participate in this program and switch the patient to Norditropin? Yes No\*

If NO, please answer the following questions:

a. Does the patient have an intolerance or contraindication or have they had an inadequate treatment response to Norditropin? Yes No\*

If NO, is there a clinical reason for not trying Norditropin? Yes\* No

If YES, please specify:

b. Does the patient require a reduction of treatment burden with fewer injections? Yes No

3. What is the patient's diagnosis?

Burn wounds (used for promotion of wound healing in burn patients)

Growth hormone deficiency (inadequate secretion of endogenous growth hormone)

a. What is the cause of the patient's growth hormone deficiency? Please select the cause below:

Hypothalamic disease Idiopathic childhood-onset Pituitary disease Surgery

Idiopathic adult-onset Panhypopituitarism Radiation therapy Trauma

Other cause (please specify):

Other (please specify):

4. Does the patient have radiographic evidence within the last 12 months of open epiphyses? Yes\* No

If YES, what is the patient's weight? kg OR lbs

5. Does the patient have evidence of tumor activity or active neoplasm? Yes No

6. Does the patient have a growth velocity of more than 2cm per year? Yes No

7. Is the patient experiencing any significant side effects? Yes No

8. Has the patient been compliant with therapy? Yes No

9. Is this medication being used for cosmetic, anti-aging, or athletic performance enhancement? Yes No

10. Will this medication be used in combination with another somatotropin agent such as Serostim, Zorbtive, or any other growth hormone? Yes\* No

If YES, please specify the medication:

11. Will this medication being used in combination with Voxzogo (vosoritide)? Yes No