

**UPNEEQ**  
**(oxymetazoline hydrochloride ophthalmic solution)**

**RATIONALE FOR INCLUSION IN PA PROGRAM****Background**

Upneeq (oxymetazoline) is an alpha adrenoceptor agonist targeting a subset of adrenoreceptors in Mueller's muscle of the eyelid. Upneeq is used to treat blepharoptosis which is a condition in which one or both upper eyelids droop. The eyelid may droop slightly or may droop enough to cover the pupil and block vision (1-2).

**Regulatory Status**

FDA-approved indication: Upneeq is indicated for the treatment of acquired blepharoptosis in adults (1).

Instill one drop of Upneeq into one or both ptotic eye (s) once daily. Patients should discard the single patient-use container immediately after dosing (1).

Alpha-adrenergic agonists may impact blood pressure. Upneeq should be used with caution in patients with severe or unstable cardiovascular disease, orthostatic hypotension, and uncontrolled hypertension or hypotension (1).

Upneeq may increase the risk of angle closure glaucoma in patients with untreated narrow-angle glaucoma. Patients should be advised to seek immediate medical care if signs and symptoms of acute angle closure glaucoma develop (1).

The safety and effectiveness of Upneeq has not been established in pediatric patients under 13 years of age (1).

**Summary**

Upneeq (oxymetazoline) is an alpha adrenoceptor agonist targeting a subset of adrenoreceptors in Mueller's muscle of the eyelid. Upneeq is used to treat blepharoptosis which is a condition in which one or both upper eyelids droop. The eyelid may droop slightly or may droop enough to cover the pupil and block vision (1-2).

Prior approval is required to ensure the safe, clinically appropriate, and cost-effective use of



**BlueCross  
BlueShield**

Federal Employee Program.

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Upneeq while maintaining optimal therapeutic outcomes.

**References**

1. Upneeq [package insert]. Bridgewater, NJ: RVL Pharmaceuticals, Inc.; May 2024.
2. Blepharoptosis (Droopy Eyelid). UCLA Health Eye Care. Los Angeles, CA.  
<https://www.uclahealth.org/eye/blepharoptosis-droopy-eyelid>.