

Specialty Guideline Management

Zoladex

Products Referenced by this Document

Drugs that are listed in the following table include both brand and generic and all dosage forms and strengths unless otherwise stated. Over-the-counter (OTC) products are not included unless otherwise stated.

Brand Name	Generic Name
Zoladex	goserelin acetate

Indications

The indications below including FDA-approved indications and compendial uses are considered a covered benefit provided that all the approval criteria are met and the member has no exclusions to the prescribed therapy.

FDA-approved Indications^{1,2}

Prostate Cancer

- For use in combination with flutamide for the management of locally confined stage T2b-T4 (Stage B2-C) carcinoma of the prostate. Treatment with Zoladex and flutamide should start 8 weeks prior to initiating radiation therapy and continue during radiation therapy.
- Palliative treatment of advanced carcinoma of the prostate.

Endometriosis

For the management of endometriosis, including pain relief and reduction of endometriotic lesions for the duration of therapy. Experience with Zoladex for the management of endometriosis has been limited to women 18 years of age and older treated for 6 months. (Zoladex 3.6 mg strength only)

Endometrial Thinning

For use as an endometrial-thinning agent prior to endometrial ablation for dysfunctional uterine bleeding. (Zoladex 3.6 mg strength only)

Advanced Breast Cancer

For use in the palliative treatment of advanced breast cancer in pre-and perimenopausal women. (Zoladex 3.6 mg strength only)

Compendial Uses

- Breast cancer^{3,7}
- Prostate cancer³
- Ovarian cancer³
- Gender dysphoria (also known as transgender and gender diverse [TGD] persons)⁴⁻⁶
- Preservation of ovarian function^{4,8-11}
- Prevention of recurrent menstrual related attacks in acute porphyria^{12,13}
- Treatment of chronic anovulatory uterine bleeding with severe anemia⁴
- Salivary gland tumor³
- Uterine sarcoma³

All other indications are considered experimental/investigational and not medically necessary.

Documentation

Submission of the following information is necessary to initiate the prior authorization review, where applicable, test results confirming:

- Androgen receptor (AR) positive status
- Hormone receptor (HR) positive status

Exclusions

Coverage will not be provided for members with any of the following exclusions: Use of the 10.8 mg strength for diagnoses other than prostate cancer, breast cancer, and gender dysphoria.

Prescriber Specialties^{12,13,15}

Gender Dysphoria

The medication must be prescribed by or in consultation with a provider specialized in the care of transgender youth (e.g., pediatric endocrinologist, family or internal medicine physician, obstetrician-gynecologist) that has collaborated care with a mental health provider for members less than 18 years of age.

Prevention of Recurrent Menstrual Related Attacks in Acute Porphyria

The medication must be prescribed by or in consultation with a provider experienced in the management of porphyrias.

Coverage Criteria

Breast Cancer^{1,3,7}

Authorization of 12 months may be granted for the treatment of hormone receptor-positive breast cancer.

Prostate Cancer¹⁻³

Authorization of 12 months may be granted for treatment of prostate cancer.

Ovarian Cancer^{3,16}

Authorization of 12 months may be granted as a single agent for treatment of persistent or recurrent epithelial ovarian, fallopian tube, primary peritoneal cancer, carcinosarcoma (malignant mixed Müllerian tumors), clear cell carcinoma of the ovary, mucinous carcinoma of the ovary, and grade 1 endometrioid carcinoma.

Authorization of 12 months may be granted as a single agent for treatment of recurrent low grade serous carcinoma.

Authorization of 12 months may be granted as a single agent for treatment of malignant sex cord-stromal tumors (granulosa cell tumors).

Endometriosis¹

Authorization of a total of 6 months may be granted to members for treatment of endometriosis.

Endometrial Thinning^{1,4}

Authorization of 2 doses may be granted for endometrial thinning prior to endometrial ablation or resection for dysfunctional uterine bleeding.

Authorization of a total of 6 months may be granted for treatment of chronic anovulatory uterine bleeding with severe anemia.

Gender Dysphoria⁴⁻⁶

Authorization of 12 months may be granted for pubertal hormonal suppression in an adolescent member who is seeking gender-affirming care when all of the following criteria are met:

- The member has a diagnosis of gender dysphoria.
- The member is able to make an informed decision to engage in treatment.
- The member has reached Tanner stage 2 of puberty or greater.

- The member's comorbid conditions are reasonably controlled.
- The member has been educated on any contraindications and side effects to therapy.
- The member has been informed of fertility preservation options.

Authorization of 12 months may be granted for gender transition in a member who is seeking gender-affirming care when all of the following criteria are met:

- The member has a diagnosis of gender dysphoria.
- The member is able to make an informed decision to engage in treatment.
- The member will receive the requested medication concomitantly with gender-affirming hormones.
- The member's comorbid conditions are reasonably controlled.
- The member has been educated on any contraindications and side effects to therapy.
- The member has been informed of fertility preservation options.

Preservation of Ovarian Function^{4,8-11}

Authorization of 6 months may be granted for preservation of ovarian function when the member is premenopausal and undergoing chemotherapy.

Prevention of Recurrent Menstrual Related Attacks in Acute Porphyria^{12,13}

Authorization of 12 months may be granted for prevention of recurrent menstrual related attacks in members with acute porphyria.

Salivary Gland Tumors^{3,17}

Authorization of 12 months may be granted for treatment of recurrent, unresectable, or metastatic salivary gland tumors as a single agent or in combination with abiraterone and prednisone when the tumor is androgen receptor positive.

Uterine Sarcoma³

Authorization of 12 months may be granted for treatment of uterine sarcoma in combination with an aromatase inhibitor (e.g., anastrozole, letrozole, exemestane) when the member is premenopausal and not suitable for surgery.

Continuation of Therapy

Breast Cancer^{1,3,7,16}

Authorization of 12 months may be granted for continued treatment in members requesting reauthorization who are experiencing clinical benefit to therapy and who have not experienced an unacceptable toxicity.

Prostate Cancer¹⁻³

Authorization of 12 months may be granted for continued treatment in members requesting reauthorization who are experiencing clinical benefit to therapy (e.g., serum testosterone less than 50 ng/dL) and who have not experienced an unacceptable toxicity.

Gender Dysphoria^{14,B}

Authorization of 12 months may be granted for continued treatment for pubertal hormonal suppression in an adolescent member who is seeking gender-affirming care and requesting reauthorization when all of the following criteria are met:

- The member has a diagnosis of gender dysphoria.
- The member is able to make an informed decision to engage in treatment.
- The member has previously reached Tanner stage 2 of puberty or greater.
- The member's comorbid conditions are reasonably controlled.
- The member has been educated on any contraindications and side effects to therapy.
- Before the start of therapy, the member has been informed of fertility preservation options.

Authorization of 12 months may be granted for continued treatment for gender transition in a member who is seeking gender-affirming care and requesting reauthorization when all of the following criteria are met:

- The member has a diagnosis of gender dysphoria.
- The member is able to make an informed decision to engage in treatment.
- The member will receive the requested medication concomitantly with gender-affirming hormones.
- The member's comorbid conditions are reasonably controlled.
- The member has been educated on any contraindications and side effects to therapy.
- Before the start of therapy, the member has been informed of fertility preservation options.

Ovarian Cancer, Salivary Gland Tumors, and Uterine Sarcoma^{3,17}

Authorization of 12 months may be granted for continued treatment of salivary gland tumors and uterine sarcoma in members requesting reauthorization when there is no evidence of unacceptable toxicity or disease progression while on the current regimen.

All Other Indications

All members (including new members) requesting authorization for continuation of therapy must meet all requirements in the coverage criteria.

Other

Per state regulatory guidelines around gender dysphoria, age restrictions may apply.

References

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