

# PRIOR AUTHORIZATION CRITERIA

**BRAND NAME\***  
**(generic)**

**GRASTEK**  
**(timothy grass pollen allergen extract)**

**Status: CVS Caremark® Criteria**  
**Type: Initial Prior Authorization**

## POLICY

### FDA-APPROVED INDICATIONS

Grastek is an allergen extract indicated as immunotherapy for the treatment of grass pollen-induced allergic rhinitis with or without conjunctivitis confirmed by positive skin test or *in vitro* testing for pollen-specific IgE antibodies for Timothy grass or cross-reactive grass pollens. Grastek is approved for use in persons 5 through 65 years of age.

Grastek is not indicated for the immediate relief of allergic symptoms.

### COVERAGE CRITERIA

The requested drug will be covered with prior authorization when the following criteria are met:

- The requested drug is being prescribed as immunotherapy for the treatment of grass pollen-induced allergic rhinitis  
**AND**
  - The request is NOT for continuation of therapy  
**AND**
    - The diagnosis has been confirmed by positive skin test or *in vitro* testing for pollen-specific IgE antibodies for Timothy grass or cross-reactive grass pollens  
**AND**
      - The patient does not have ANY of the following: A) Severe, unstable or uncontrolled asthma, B) History of any severe systemic allergic reaction, C) History of any severe local reaction after taking any sublingual allergen immunotherapy, D) History of eosinophilic esophagitis  
**AND**
        - The requested drug is being prescribed by, or in consultation with, an allergist or immunologist
  - OR**
    - The request is for continuation of therapy  
**AND**
      - The patient has achieved or maintained improvement in rhinoconjunctivitis symptoms (e.g., runny nose, stuffy nose, sneezing, itchy nose, gritty/itchy eyes, watery eyes), OR the patient had a reduction in use of allergy symptom-relieving medications (e.g., antihistamines, corticosteroids)

Duration of Approval (DOA):

- 1133-A: DOA: 12 Months

### REFERENCES

1. Grastek [package insert]. Hørsholm, Denmark: ALK-Abelló A/S; September 2022.
2. Lexicomp Online, Lexi Drugs.. Waltham, MA: UpToDate, Inc.; 2023. <https://online.lexi.com>. Accessed January 02, 2024.
3. Micromedex (electronic version). Merative, Ann Arbor, Michigan, USA. Available at: <https://www.micromedexsolutions.com/> (cited: 01/02/2024).

Grastek PA Policy UDR 02-2024.docx

This document contains confidential and proprietary information of CVS Caremark and cannot be reproduced, distributed or printed without written permission from CVS Caremark. This document contains references to brand-name prescription drugs that are trademarks or registered trademarks of pharmaceutical manufacturers not affiliated with CVS Caremark.

©2024 CVS Health and/or its affiliates. All rights reserved. 106-58428A 021423